

The abstract,  
multi-dimensional  
nature of mental health  
now speaks "clinician."

## Scores. Numbers. And easy-to-use.

Designed for primary and specialty care doctors, M3 Checklist fits seamlessly into existing patient EHRs and provides easy to understand results.



## “See symptoms like a psychiatrist does”

Gerald Hurowitz, MD explains how a psychiatrist’s approach translates into an efficient, time saving and comprehensive tool for primary care.

### Easy as ordering a lab test

Typical mental health assessments are hugely fragmented and difficult to include in the clinical workflow.

Enabled by a partnership with VirtualClinic, clinicians can order the M3 Checklist in a secure, easy to use workflow, just like any other lab test. An optional assessment for risk of alcohol misuse, the NIDA and PEG for Pain review, are also available separately.

The process improves engagement, saves clinic time and places a priority on patient and clinician communication.



### The 3-5 minute assessment



Patients can take a 3-5 minutes assessment during their appointments or from any mobile device. With this convenient method, more patients can receive personalized assessment and treatment.

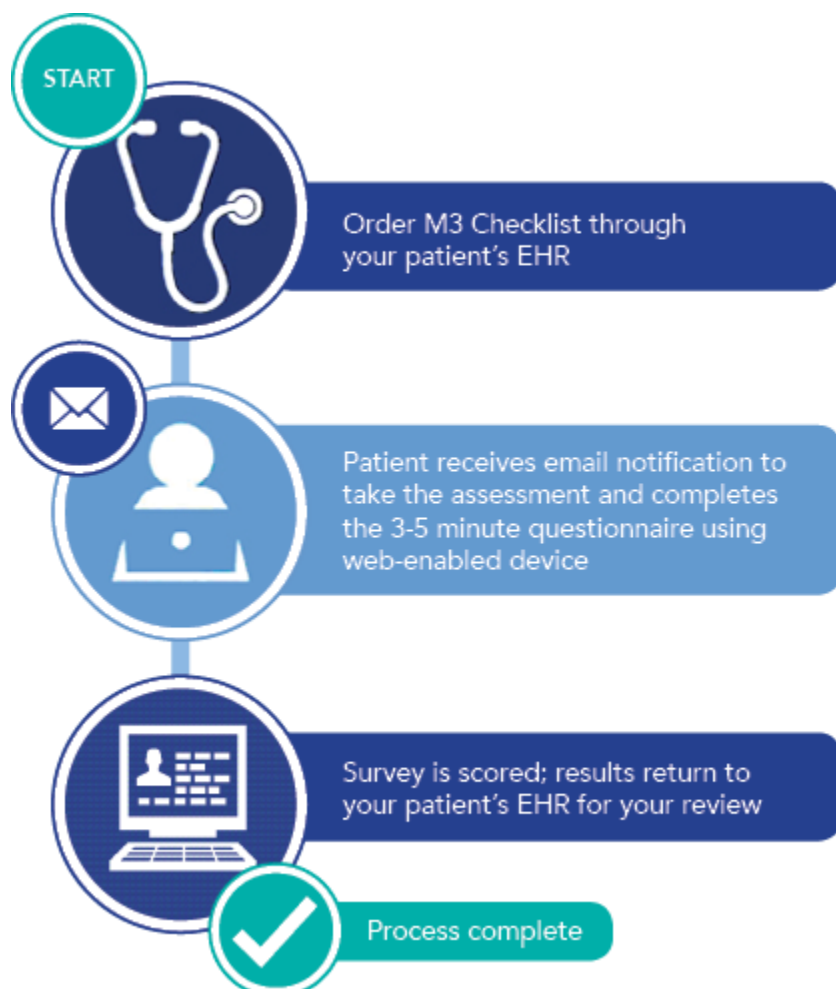
## Receiving results

Easy to read reports allow for longitudinal tracking of follow-up results within a patient's EHR.

Physicians receive risk assessment scores, symptom severity scores and patient responses to guide them in formulating a diagnosis and treatment plan.

**See a  
sample lab  
report**

## M3 fits right into your current workflow



## Start the conversation earlier

Reviewing results within a practice setting, physicians and patients can have personal, informed conversations using measurement-based outcomes.

An M3 report provides high level insight about a patient's risk for mental health conditions. Reports include patient responses, prompting discussion about specific, real problems, rather than only giving a diagnostic view.

While other screening tools assess symptoms of a single mental health condition, a clinician would need to spend much more time using multiple assessments to reach results equivalent to a single M3 Checklist.

## Keep monitoring progress

Physicians can use the M3 Checklist to monitor progress and, if necessary, discuss alternatives to focus on specific areas. Providing continuous care helps patients and clinicians work together to achieve better outcomes.